



RAD SELF-DEFENSE CLASSES

Article by UDaily staff | Photo courtesy of UD Police Department | September 14, 2016

University Police Department offers Rape Aggression Defense classes

The University of Delaware Police Department is offering Rape Aggression Defense (RAD) basic self-defense classes for University-affiliated women this fall, with classes set to begin in September.

The RAD program teaches basic self-defense techniques and concludes with a simulation exercise.